

The Preferred

Our wellness massage based on Swedish techniques is the perfect treatment to promote health and well-being leaving you with a deep sense of relaxation and stress reduction.

60 MINUTES | \$170
90 MINUTES | \$250

Deep T

A full body deep and targeted massage with a special blend of essential oils to penetrate tissues and improve circulation aiding your body to release muscle tension. This massage is not recommended for inflamed areas or injuries. Deep Tissue is recommended in a 90-minute session to allow all areas to receive the attention they need.

60 MINUTES | \$195
90 MINUTES | \$275

Prenatal Massage

Expectant mothers can get the care and relief they need during this special time. Relaxing Swedish techniques bring circulation to extremities and special attention will be paid to gently relieve lower back discomfort. Only available during 2nd and 3rd trimesters (restrictions may apply).

60 MINUTES | \$170.00

Relax + Glow

A refreshing compliment to your full body relaxation massage. Includes gentle cleansing, masque, toner, face serum and moisturizing. Our NV Organic products are rich in the antioxidant properties of grapeseeds from Napa Valley. Deep Tissue upgrade available upon request. This service is performed by a massage therapist.

90 MINUTES | \$275.00

Heated Stone Massage

Basalt stones heated in an aromatic bath are used to quickly release tension and soften muscle tissue enabling your massage therapist to work deeper. If you prefer a full body deep tissue massage for detoxification, hot stone massage is a great choice.

90 MINUTES | \$280



CBD Massage

Healing oils paired with a topical pain cream help address inflammation in muscles and joints. CBD aids in soothing chronic pain and promotes deep relaxation. Our high-quality spot treatment cream can often have lasting effects for days. We recommend pairing this massage with deep tissue to release deeply held tension in the entire body. *Contains 30mg of Organic Full Spectrum Hemp Flower Extract

60 MINUTES | \$195

90 MINUTES | \$275

Senza Luxury Facial

Using organic and naturally effective products this luxury facial is completely customizable, giving your skin a radiant glow. This 90-minute experience includes a deep cleansing, professional exfoliation, uplifting facial massage, and ends with a nourishing infusion of hydration. During your service, you'll also receive a relaxing shoulder massage, hand and nail treatment, and a rejuvenating foot scrub, leaving you pampered from head to toe.

60 MINUTES | \$195

90 MINUTES | \$275

Senza Body Blends

The Senza Spa Flight FOOT SCRUB / SCALP MASSAGE / MASSAGE

Emerge transformed after experiencing our flight of spa services. Foot exfoliation with revitalizing foot hydration will nourish your soles. Scalp and neck massage will de-stress and promote mental revitalization in tandem with your full body massage.

90 MINUTES | \$270

Revitalizer Herbal Experience

Your therapist will skillfully combine Thai herbal compress, percussion and stretching techniques to form the perfect massage, awakening tissues while infusing moist heat with healing and detoxifying herbs. This holistic massage will energize and awaken limbs improving flexibility.

90 MINUTES | \$300

120 MINUTES | \$375

Body Buff

Feel luxuriously soft after first receiving a grape seed body buff followed by a special healing balm application to soothe the skin and increase elasticity. Full body massage included.

90 MINUTES | \$270



Customizable Packages

Senza Indulge

Massage style of choice from "Sensorial Bodywork" options plus two add-ons.

150 MINUTES | \$460

Restoration Napa Valley

A diverse mix of services offered that's truly customizable to you. Choose your massage style from any item on our menu plus two add-ons and a Luxury Facial to finish off this indulgent service.

180 MINUTES | \$540

ADD-ON CHOICES:

- ◇ DEEP TISSUE
- ◇ CBD
- ◇ FACE GLOW (30 MINUTES)
- ◇ AROMATIC SUGAR SCRUB
- ◇ GRAPESEED FOOT SCRUB
- ◇ GRAPESEED BACK SCRUB
- ◇ SCALP MASSAGE + ELIXIR

Spa Policies



Preference

Please specify your preference for a male or female therapist, if this is important to you. All of our therapists are highly trained professionals. Please notify us if you have any medical considerations or allergies.

Dress

Dress to your level of comfort. We suggest you wear your robe to the spa treatment room. If this makes you uncomfortable, please feel free to wear whatever you prefer. You will be properly draped for the entirety of your treatment(s).

In Room Services

In room services are an additional \$50 per treatment (single).

Gratuity

A 20% gratuity is added to all spa services. Gratuities are not prorated to reflect discounted pricing. You're welcome to adjust the gratuity by simply speaking to the front desk staff upon check out.

Cancellation

We know you would never want to cancel a spa treatment. However, if you must, we require a 36-hour cancellation notice for treatments under 2 hours, and a 48-hour notice for treatments that are 2 hours or more or group bookings. For group bookings, a deposit is occasionally required. Late cancellations will result in a full charge.

